

UTOPIAN WORKSHOPS FOR DESIRABLE FUTURES

Mission

We aim to unleash the power of **collective intelligence** and visualisation to co-create inclusive and engaging **visions of futures** that are enjoyable and actionable. Those workshops allow dreaming as a tool to cultivate an **optimist** mindset and our **agency**.

Workshops



GLORIOUS '2030s

Through a **guided utopian conversation**, participants will travel to the Glorious '2030s, where they will collectively draw the outlines of a fairer, more sustainable and joyful society, for themselves and for the world at large. Thanks to our cards deck of initiatives, they will then decide which concrete **next steps** will lead to this utopia!



DRAW ME A FUTURE

Using a wall size poster depicting an **urban-rural landscape** of a society that had managed its transition, participants work in teams to elaborate the transformation of one sectors such as mobility, education or agriculture. For a playful ending, they present their programs at a fictional **citizen assembly**!



NEW NARRATIVES COLLAGE

Through a collaborative card game, participants discover the **impact of stories** on our brains and behaviour. In the second part, they will **collectively write** a story that brings about a desirable future that is compatible with planetary boundaries.

Intentions

- strengthen **cohesion** and experience collective intelligence through a regenerative activity
- articulate ideas and ideals clearly to anchor them firmly in reality
- foster engagement with and understanding of complex issues through **dialogue**
- (re)imagine individual aspirations as contributions to collective projects
- boost collective and individual agency and reinforce the conviction that desirable futures are both **possible** and **within reach**

Utopia is not
a way of
escaping
reality, it's
the way of
changing it.

Sandrine Roudaut



Next step?
Let's talk and organise a
workshop together!



GAËLLE SHEARN

Future envisioning facilitator

utopiamusclettraining@gmail.com

+33 6 06 43 90 02

Formats

We tailor our workshops to the **needs of your collective**, focusing on the topics that matters to you, such as citizen participation, mental health, nature restoration, housing, collective wellbeing, agriculture...

- Format: 2 - 5 hours
- Participants: 5 - 50 people
- Place: online or onsite
- Price range : 400€ to 1500€